

GT3 Lavaredo Introduces the New Medium Gravel Course for Women's Categories and Men Over 60

GT3 Lavaredo, the Italian stage of the UCI Gravel World Series, announces an important addition: the new *Medium* gravel course, dedicated to women's categories and men Over 60. The route has been designed with specific technical criteria, running parallel to the Long course and offering a balanced racing experience fully aligned with UCI standards.

Two Courses, One Gravel Identity

The Long and Medium routes share the same start, terrain, and racing philosophy, proceeding together until Carbonin, where the two tracks split.

Long Course – Technical Features

- **Distance:** 133 km
- **Elevation gain:** 3,170 m
- **UCI Qualification:** valid for European and World Championships (top 25% of each category)

After Carbonin, the Long course continues toward **Cimabanche** and **Cortina d'Ampezzo**, then tackles **Passo Tre Croci** before descending through Val Grande and the Somadida Forest back to **Auronzo di Cadore**. A technical and complete route that fully expresses the GT3 DNA.

Medium Course

- **Distance:** 105 km
- **Elevation gain:** 2,460 m
- **Categories:** women and men Over 60
- **Terrain:** identical to the Long course, with the same technical difficulty
- **UCI Qualification:** valid (top 25% of each category)
- **Key Feature:** a full loop around the Tre Cime di Lavaredo

After the split at Carbonin, the Medium route climbs toward **Misurina** (1,786 m, second KOM) and returns to Auronzo with a long, flowing descent, maintaining the technical quality of the Long course but with a development better suited to the dedicated categories.

The Medium Course Is Not an "Easy Course": It Is the Right Course

The Medium route preserves the technical and authentic nature of GT3: a fast yet demanding track where the mountain—rather than the distance—defines the challenge. The Tre Cime di Lavaredo accompany participants along the entire loop, serving as a constant visual landmark. The course is designed for gravel bikes, but MTB participation is also permitted.

Registration

Registration is open, with reduced fees available until 28 February. Participants may choose between the Medium and Long courses.